

**LOURDES MATHA INSTITUTE OF HOTEL MANAGEMENT & CATERING  
TECHNOLOGY, KUTTICAL, TRIVANDRUM**

Department of Physical Education

Sports achievements for the year 2009-2010

1. LMIHMCT Weight Lifting Team member secured Bronze medal in the the Keral University Inter-Collegiate **Weight Lifting Competition (125 kg Category)** held at University Stadium, Trivandrum on 14-12-2009.

The participant is: **Sethu Krishnan of S1 BHM**

2. LMIHMCT Chess Team member **has been selected to the Kerala University CHESS team to participate in the All- India Inter University Competition for the year 2009-2010).**

The participant is: **Vishnu V.R. - S6 BHM**

Sports achievements for the year 2010-2011

1. **Vishnu V.R** of S7 BHM has been **selected to the Kerala University Chess team** to participate in the **All- India Inter- University Competition** for the year 2010-2011.